







Monday	Tuesday	Wednesday	Thursday	Friday	
CLIFFSIDE PARK SENIOR ACTIVITY CENTER 550 GORGE ROAD CLIFFSIDE PARK, NJ 07010 201-943-3768			February 2012 Tues. Feb. 2 Resort's Casino \$25 		Bermuda Cruise Enjoy 7 Days & 6 Nights Apr. 29-May 6, 2012 Aboard the Norwegian Star LAST CALL & FINAL PAYMENT FEB. 8th
CONTINENTAL BREAKFAST LUNCH SERVED 11:30 SUGGESTED DONATION \$1.25 ALL RESERVATIONS ARE REQUIRED THE DAY BEFORE by 12 noon CALLING(201)943-3768	Korean Chorus Concert & Dance Tuesday February 7th 10:00am	1 8:30 Breakfast Buddies 10:30 Exercise Class 1:00 BINGO 1:20 Reading is Fundamental	2 8:30 Breakfast Buddies 10:45 Healthy Bones w/Bergen Care Center 12:30 Han Nam Market Shopping 1:00 Art Class	3 8:30 Breakfast Buddies 10:00 Yogi Berra Museum & Lunch 10:30 Exercise Class 1:00 BINGO	
6 8:30 Breakfast Buddies 9:30-11:30 Blood Pressure Scrg. 10:00 Line Dancing 10:15 Walking 1:00 Mahjong / Wii Bowling	7 8:30 Breakfast Buddies 10:00 Korean Chorus & Dance 12:30 No ESL Class 1:00 Yoga	8 8:30 Breakfast Buddies 10:30 Exercise Class 1:00 BINGO 1:20 Reading is Fundamental	9 8:30 Breakfast Buddies 10:45 Tai Chi Demo/ Rite @ Home 1:00 Art Class	10 8:30 Breakfast Buddies 9:30 Jerseys Gardens 10:30 Exercise Class 1:00 BINGO	
13 CLOSED FOR Lincoln's Birthday 	14 8:30 Breakfast Buddies 10:00 Chorus w/ Joe Mule 11-2:30 <i>Valentine's Day Party</i> 	15 8:30 Breakfast Buddies 10:30 Exercise Class 1:00 BINGO 1:20 Reading is Fundamental 4:00 Dinner & Movie ~ The Help	16 8:30 Breakfast Buddies 10:45 Repetitive Injuries w/ Rejuvenate 1:00 Art Class	17 8:30 Breakfast Buddies 9:15 911 Memorial Visit & Lunch 10:30 Exercise Class 1:00 BINGO	
20 CLOSED FOR Presidents Day  	21 8:30 Breakfast Buddies 10:00 Chorus w/Joe Mule 12:30 No ESL Class 1:00 Yoga	22 8:30 Breakfast Buddies 10:30 Exercise Class 1:00 BINGO 1:20 Reading is Fundamental	23 8:30 Breakfast Buddies 1:00 Center Tea Party 1:00 Art Class	24 8:30 Breakfast Buddies 9:30 Kohl's & Red Lobster 10:30 Exercise Class 1:00 BINGO	
27 8:30 Breakfast Buddies 9:00 Resort's Casino 10:00 Line Dancing 10:15 Walking 1:00 Mahjong/ Wii Bowling	28 8:30 Breakfast Buddies 10:00 Chorus w/Joe Mule 12:30 No ESL Class 1:00 Yoga	29 8:30 Breakfast Buddies 10:30 Exercise Class 1:00 BINGO 1:20 Reading is Fundamental	Celebrate Valentine's Day with Friends & Singers Jason Nazzaro Feb. 14th 11-2:30pm Reservations Required 	Volunteers Needed!! Be a part of our Intergenerational Program. Join "Reading is Fundamental" Wednesday's 1:30pm	

